

# CURRICULUM VITAE

**Dr Andrew Rayner**

BSc (Hons), DClin Psy., C.Psychol., Consultant Clinical Psychologist

## AREAS OF SPECIALIST EXPERTISE

- Compassion Focussed Therapy (CFT)
- Eye Movement Desensitization & Reprocessing (EMDR)
- Post-traumatic stress – both single event & complex trauma (including childhood sexual abuse)
- Providing assessment and therapy for people giving evidence to Historical Sexual Abuse Investigations
- CFT supervision & teaching (Trainer for the Compassionate Mind Foundation)
- Assessment (including Psychometric Testing) of IQ, Personality, Capacity & Memory

## EDUCATION

2005	Doctor of Clinical Psychology	The University of Sheffield
1999	BSc Psychology (Hons) 1st Class	Goldsmiths College, University of London

## POST-QUALIFICATION EMPLOYMENT

**Consultant Clinical Psychologist & Director**  
***Secure Base Psychological Services Ltd.***

*Part-time 05/2017 – present*

**Consultant Clinical Psychologist**  
***Aspire Health & Care***

*Part-time 04/2018 - present*

**Highly Specialist II Clinical Psychologist**  
***Pallant Psychological Services Ltd***

*Part-time 2008- 2017*

Psychological assessment & therapy (Including for Personal Injury), Occupational Health & Court Reports

**Clinical Supervisor & Associate Lecturer**  
**Post Graduate Diploma in Compassion Focussed Therapy (CFT).**

***Derby University***

*Part-time 2012 - present*

**Highly Specialist II Clinical Psychologist**  
***Derbyshire Healthcare NHS Foundation Trust***

*Full time 07/2016 – 10/2017 part-time 11/2017 – 09/2018*

Working within the context of a large-scale Historical Abuse Investigation to support those who have suffered historical sexual, emotional and physical abuse.

**Highly Specialist Clinical Psychologist**  
***Derbyshire Healthcare NHS Foundation Trust***

*Full-time 2005 – 2016*

Based within the Amber Valley Recovery Team, providing Secondary Care to Adults with a range of severe and chronic mental health difficulties in a community setting. Roles included Psychological Assessment (including psychometric testing of IQ & Memory), Psychological Therapy & waiting list management.

## CONTINUING PROFESSIONAL DEVELOPMENT

- 2018 *Foundation Level Training in Dissociation.* European Society for Trauma & Dissociation UK
- 2018 *Mental Capacity.* Derbyshire Healthcare NHS Foundation Trust
- 2018 *Expert Witness Training Part 1: Roles & Responsibilities.* British Psychological Society
- 2017 *Healing Complex Trauma & Dissociation With Ego State Therapy and EMDR (EMDR Masterclass/EMDR Europe)*
- 2017 *Eye Movement Desensitization & Reprocessing (EMDR) Parts 1,2 & 3 (EMDR Masterclass/EMDR Europe)*
- 2015 *Enhanced Reliving in PTSD (Oxford Cognitive Therapy Centre)*
- 2014 *Compassion Focussed Therapy for Psychosis (Chris Irons & Charlie Heriot-Maitland)*
- 2014 *Coherence Therapy Introductory & Intermediate Workshops (Coherence Psychology Institute)*
- 2009 *Compassion Focussed Therapy: Advanced Clinical Skills (Prof Paul Gilbert)*
- 2009 *Foundation in Dialectical Behaviour Therapy (British Isles DBT)*
- 2007 *Introduction to Compassion Focussed Therapy (Prof Paul Gilbert)*
- 2007 *The Role of Dissociation in Psychological Disorders (Remy Aquarone)*
- 2007 *Positive Psychology Approaches to Trauma (Prof Stephen Joseph )*

## OTHER SIGNIFICANT EXPERIENCE & SKILLS

- Leading Service Away Days (e.g. DHCFT HR Department, Amber Trust)
- Trauma/sexual abuse pathway design
- Teaching on Complex Trauma
- Member of Peer Support Network for debriefing staff after Serious Untoward Incidents /traumatic experiences at work
- Investigating and writing reports regarding Serious Untoward Incidents
- Compassion Focussed Therapy Trainer for the Compassionate Mind Foundation

## ADDITIONAL INFORMATION

- Full Disclosure and Barring Service (DBS) clearance.
- Registered with British Psychological Society (BPS) & Health & Care Professionals Council (HCPC)